



## **Key Starting and Reference Points for New Programs:**

1. Visit [www.NYATA.org/Downloads](http://www.NYATA.org/Downloads) to access the Coach Resources Section. Here you can download copies of each of the documents listed below.
2. Start with determining the age and division that best suites your program and kids:
  - Refer to [R&P Article IV. Squad / Team Descriptions & Guidelines](#)
    - Special attention to:
      - [Section 5.02 – Age Divisions](#)
      - [Section 5.03 – Double Dipper Policies](#)
      - [Section 5.04 – COED Division Guidelines](#)
      - [Section 5.05 – Age Variance Waiver](#)
      - [Section 5.08 – Division Splits](#)
3. Read through the event descriptions to familiarize yourself with the five (5) primary event categories: Acro, Pyramid, Toss, Tumbling and Team Routine.
  - Refer to the [R&P Article X. Compulsory & Team Event Category Descriptions & Guidelines](#)
4. Familiarize yourself with the [Code of Points](#) to understand how your Team Routine Difficulty Scores are established. This will put you on the path to effectively building your Team Routines.
5. Download the [Auto-Tariff Form](#) Excel file that fits the division you have chosen for your team. Mini Novice and Youth Excel share a document, as do Junior Elite and Senior Prestige.
  - This document contains the automatic tariff forms that will build your difficulty and bonus scores as you fill them out.
  - The tabs along the bottom of the document contain many of the useful reference materials from the R&P and COP. This allows for quick looks when working on your tariffs as opposed to having to repeatedly refer back to the larger documents.
  - This includes the Tariff Forms, Skills Level Charts, the Difficulty Rubrics, and more!!
6. Refer to the [Compulsory Skill Tree](#) for lists of and instructional videos on the skills you will need to learn for your division. This can also be found in the Auto-Tariff form.
7. Check out the following rules that are designed to help out new programs and teams:
  - Inaugural Season Exemptions decrease the quantity requirements for 1<sup>st</sup> year teams.
    - [Refer to the R&P Errata Article II](#)
  - Division splits have been emphasized to separate teams of varying experience & skill levels.
    - [Refer to the R&P Errata Article III](#)
8. LOOK FOR AN EVENT NEAR YOU!! If you don't see one on our EVENT CALENDAR, contact us at [TheNYATACHampionship@gmail.com](mailto:TheNYATACHampionship@gmail.com) to inquire about hosting an event in your area or at your gym!!